

## Website Announced!

In the last newsletter we mentioned that a website was going to be created to highlight youth wrestling in the Central Region and be a source of information. At our meeting on October 5<sup>th</sup>, Jim Dorsey announced that a domain name was obtained and the pages are being built. Please keep in mind this is a work in progress. You can submit your thoughts and ideas on what you would like to see on the website.



## Rule Change Highlights

A wrestler's hair in its natural state, in the front, shall not extend below the eyebrows.

A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require reevaluation.

Nothing has changed in the offensive starting position. There is now a time sequence to follow; elbow, stomach, pause then go.

The referee now has the option at the edge of the mat to stop wrestling when no action is taking place without penalizing either wrestler and restart the wrestling in the center of the mat.

Referees now have rules support for a stalling call against a wrestler who repeatedly creates a stalemate situation to simply prevent his/her opponent from scoring and not from his/her own attempt to score.

The wrestler whose opponent has been penalized for unsportsmanlike conduct at anytime during the match now gets the choice of position for the ultimate tiebreaker. The unsportsmanlike conduct penalty will supersede the first points scored in the regulation match.

*More rule books will be purchased and inserts of the complete list of rule changes will be available. Please familiarize yourself with these before we get into the season.*

## USA Wrestling & Club Rosters

**All coaches must fill out the form for the background check before obtaining your coach membership card.**

<http://www.usawmembership.com/>

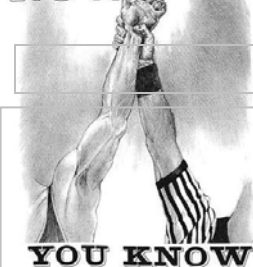
Tournament entries throughout Texas will use the online registration at the following link. You can logon in the coaches section:

<http://youth.txusawrestling.com>

Online Copper Certification

Class:[http://www.asep.com/asep\\_content/org/USAW.cfm](http://www.asep.com/asep_content/org/USAW.cfm)

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## CENTRAL REGION IRON MAN SQUAD IS BACK!

Last year we had wrestlers from 3 teams represent the Central Region at the 5 Nationals. They were honored at HOT with the IRON MAN Hoodie! The developmental funds set aside for this were divided equally and disbursed prior to Open State to help subsidize their expenses from their travels.

This year there will only be 4 National Tournaments in Texas. Please encourage your D3, D4 and D5 open wrestlers to make the commitment to become an Iron Man and represent their team and the Central Region! A commitment contract will be sent out to club representatives and be posted on the new website soon. This must be submitted by November 15<sup>th</sup>. Tulsa Nationals may be substituted for Panhandle Nationals in order to receive the expense reimbursement as noted above – but must attend all Texas Nationals to be eligible for the Iron Man award.

## SCHEDULE UPDATES

- 11/15/08 – CCWC Takedown Clinic/Tournament in Cedar Park
- 11/27/08 – Panhandle Nationals in Lubbock
- 12/06/08 – SAWC Tournament of Champions in San Antonio
- 12/ 13/08 –Hill Country Classic in Cedar Park at VRHS
- 12/20/08 – Sun City Nationals in El Paso
- 12/20/08 – Local Tournament
- 01/03/08 – South/Central Tournament in Houston
- 01/10/08 – Cotton Bowl in DFW
- 01/17/08 – SACS Lions Classic in San Antonio
- 01/24/08 – HOT and Novice State at Travis County Expo
- 01/31/08 – LCP Tournament
- 02/07/08 – Regionals in Houston
- 02/20/08 – Rookie State in El Paso
- 02/21/08 – Open State in El Paso

Next Month....  
Middle School Duals Info  
And  
Austin Purler Camp  
January 3<sup>rd</sup> & 4<sup>th</sup>

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