



CENTRAL REGION NATIONAL TRAVELING SQUAD AT HALF WAY MARK

We are entering the second half of the Texas Iron Man after completing the Panhandle Nationals and Sun City Nationals. The participation of the Central Region National Traveling Squad has more than doubled this year with several teams sending many of their wrestlers of all ages to compete in these tournaments. One of those teams is Uvalde who signed up all 8 of his wrestlers to participate. They are pictured here proudly displaying their hardware, including the Championship belt won by Adelyhda Perez who is on a roll having just won at Sun City Nationals in El Paso.

FR: Jesus Rodriguez, Reynaldo Perez, Dominique Quiroz, Alejandro Rodriguez
TR: Coach John Perez, Derek Reyna, Adelyhda Perez, Jaunita Rodriguez (not pictured: Abraham Davila)

I encourage other teams to send in their stories and photos to share with the region.

REMAINING TOURNAMENT SCHEDULE...

January 3rd and 4th
Cedar Park High School
Foundation Wrestling Winter Break Camp
By Nick Purler

January 3rd
South Central Shootout
Spring Klein

January 10th – Register before the 4th for discounted entry fee
Dollamur Cotton Bowl
Dallas – Fair Park
www.txusacottonbowl.com

January 17th
Lions Classic
San Antonio Christian School

January 24th Flyer now posted www.ctyw.org under schedule
Novice State and Heart of Texas Nationals
Travis County Expo Center

January 31st
Central Region Classic
Vista Ridge High School

February 7th
South/Central Regionals
Houston

February 20th & 21st
Rookie and Open State
El Paso, TX



STATE PROGRAM AND HOTEL INFORMATION...

This year the program will all be in color and the prices are as follows:
1/4 page-\$75 * 1/2 page-\$125 * full page-\$200.

The deadline will be January 15th. Everything can be mailed to: 2929 McRae, El Paso, TX 79925 and checks made out to TX USA Wrestling Far West.

The state tournament host hotel is the Airport Marriott. Anybody can call the 800-Marriott number and give them the WSTC Code for February 20th-22nd.

REMINDERS FOR COACHES AND TEAM REPRESENTATIVES..

Although we have brought back Novice State this year we still encourage your Novice wrestlers to enter as Open at the local tournaments. This will not only better prepare them for Novice State but also support the Rookie Wrestlers in their first year.

PLEASE stress proper hygiene to your wrestlers (and parents) to help decrease the outbreak of ring worm, MRSA and impetigo; the most common contagious skin problems associated with wrestling. There should be NO street shoes on the wrestling mat and wrestlers should not wear their wrestling shoes outside of the building. Cleaning the mat after/before practices with mat cleaner and disinfectant should be a habit.

A detailed email will be sent covering these items along with state qualifier information.