

# CENTRAL REGION WRESTLING E-NEWS



WWW.NBCOLYMPICS.COM

Roman Greco is well underway while the Women's Freestyle will begin August 16<sup>th</sup> and Men's Freestyle August 19<sup>th</sup>.

American wrestler Adam Wheeler won the bronze medal in 96-kilogram Greco-Roman wrestling. It is the first U.S. medal in the sport in Beijing.

## Welcome to the Central Region Wrestling News Letter

The Central Region will be working on a website that will provide information for both youth and high school wrestling in our area. We are taking a proactive step in assuring the information our members are requesting is going to be accessible such as:

- Team and individual highlights
- Rules and Regulations
- Tournaments and Clinics

We will also be pricing and purchasing one of the larger Dollamur Mats rather than two smaller mats for this season. Michelle Harrison will be putting together information on the Central Region National Traveling Squad. This will have some changes from the

inaugural season and should be announced within the next month so wrestlers will have the opportunity to plan to participate.

The youth state meeting in El Paso was somewhat deflating. A few changes to highlight is that Houston Nationals and HOT will alternate every year and be combined with Novice State. The schedule below shows a South/Central tournament on January 10<sup>th</sup>, I would like to see a large turn from the Central Region to show support of the South.

There will be no Thursday night weigh-in. All local tournament weigh-ins will be either Friday night at a site with an official presiding or on Saturday the day of the tournament. This eliminates the busted weight rule.

11/15/08 – CCWC Mini Clinic and Takedown Tournament in Cedar Park at SCA  
11/27/08 – Panhandle Nationals in Lubbock  
12/06/08 – SAWC Tournament of Champions in San Antonio  
12/ 13/08 – VRYW Hill Country Classic in Cedar Park at Vista Ridge High School  
12/20/08 – Sun City Nationals in El Paso  
12/26 & 27/08 – Dollamur Cotton Bowl in DFW  
01/03/08 – OPEN  
01/10/08 – Central/South Tournament in Houston  
01/17/08 – SACS Tournament in San Antonio  
01/24/08 – HOT and Novice State at Travis County Expo  
01/31/08 – CCW & LCP Tournament (location TBA)  
02/07/08 – Central/South Regional tournament in Houston  
02/20/08 – Rookie State in El Paso  
02/21/08 – Open State in El Paso  
Please note that the dates in **RED** have been **CONFIRMED**

## IMPORTANT NOTICES

- Please update your club information on the youth site. You can retrieve last season's information and roster once you log in. **ALL tournaments will use the online registration this season.**
- Coaches Certifications and Background checks can be done on-line [www.themat.com](http://www.themat.com)
- If you are looking for a good place for team apparel please check out [www.gtmsports.com](http://www.gtmsports.com)
- USA Wrestling membership cards will be reduced by \$5.00 for this season.
- THIS JUST IN... LISD is adding a spring wrestling program for 7<sup>th</sup> and 8<sup>th</sup> grade student athletes. This will be a "school sponsored club" initially held at the 4 LISD High Schools. More details as they become available...it is a start!

STATE CONVENTION  
SEPTEMBER 20<sup>TH</sup> IN EL PASO

Debbie McLemore  
Central Region Director  
512-825-1475

Jim Dorsey  
Treasurer  
[Jim.Dorsey@amd.com](mailto:Jim.Dorsey@amd.com)

Mike Elswick  
[melswick@austin.rr.com](mailto:melswick@austin.rr.com)

Brent Geiger  
[coastalbgeiger@aol.com](mailto:coastalbgeiger@aol.com)

Please reply to this email ([Debbie@strawberrysmiles.com](mailto:Debbie@strawberrysmiles.com)) if you wish to unsubscribe